

Problem 1. Use first-order perturbation theory to calculate the energies of the ortho and para first excited states ( $1s)(2s)$  of the Helium atom. (Experimentally,  $E_{\text{para}} = -2.146e^2/a_0$ , and  $E_{\text{ortho}} = -2.175e^2/a_0$ .)

Problem 2. Consider a spinless particle bound to a fixed center by a central force potential, with simultaneous eigenstates of the Hamiltonian,  $L^2$ , and  $L_z$  given by  $|n, \ell, m\rangle$ .

(a) Relate, as much as possible, the matrix elements

$$-\frac{1}{\sqrt{2}}\langle n', \ell', m' | (X + iY) | n, \ell, m \rangle, \quad \frac{1}{\sqrt{2}}\langle n', \ell', m' | (X - iY) | n, \ell, m \rangle, \quad \text{and} \\ \langle n', \ell', m' | Z | n, \ell, m \rangle,$$

using *only* the Wigner-Eckhart theorem. (You may leave your answer in terms of unevaluated but specific Clebsch-Gordon coefficients.) State the necessary conditions for each of the matrix elements to be non-vanishing.

(b) Now, evaluate the above matrix elements in the special case of  $\ell = 1$ ,  $m = 0$ , and  $\ell' = 2$ , using the wave function forms  $\psi_{n\ell m} = R_{n\ell}(r)Y_{\ell m}(\theta, \phi)$ , and writing your answers in terms of unevaluated but specific integrals over  $r$  involving the unknown functions  $R_{n\ell}(r)$ . Use this and your answer to part (a) to infer the values of the relevant Clebsch-Gordon coefficients.

Problem 3. (a) Write  $xy$ ,  $xz$ ,  $yz$ ,  $(x^2 - y^2)$ , and  $3z^2 - r^2$  in terms of the components of an appropriate irreducible spherical tensor of rank 2,  $T_{+2}^{(2)}$ ,  $T_{+1}^{(2)}$ ,  $T_0^{(2)}$ ,  $T_{-1}^{(2)}$ ,  $T_{-2}^{(2)}$ .

(b) The expectation value

$$Q \equiv e\langle \alpha, j, m = j | (3Z^2 - R^2) | \alpha, j, m = j \rangle$$

is known as the *quadrupole moment*. Evaluate:

$$e\langle \alpha, j, m' | (X^2 - Y^2) | \alpha, j, m = j \rangle$$

(where  $m' = -j, -j + 1, \dots, j - 1, j$ ) in terms of  $Q$  and appropriate Clebsch-Gordon coefficients. State necessary conditions for the matrix element to be non-vanishing.