

Hydrogen-like systems

Replace the proton with a heavy nucleus with charge  $Z|e|$ .

$$H = \frac{p^2}{2m} - \frac{Ze^2}{R}$$

nearly unchanged, if  $m_N \gg m_e$ .

$Z = 1$  for H,  $2$  for  $He^+$ ,  $3$  for  $Li^{2+}$ , etc.

For multi-electron atoms,  $Z$  can be used (approximately) for the inner-shell (K-shell) electrons. For outer shell electrons,  $Z_{eff} < Z$ .

For first approximation, take  $e^2 \rightarrow Ze^2$ .

Recall  $a_0 = \frac{\hbar^2}{me^2}$ , so  $a_0 \rightarrow \frac{a_0}{Z}$  (gets smaller with larger  $Z$ ).

Energy levels:  $-\frac{e^2}{2a_0 n^2} \rightarrow -\frac{Z^2 e^2}{2a_0 n^2}$

$$\Delta E_{fine} \sim \alpha^2 \left( \frac{e^2}{2a_0} \right) \rightarrow Z^4 \alpha^2 \left( \frac{e^2}{2a_0} \right)$$

$$\Delta E_{HF} \sim g_p \alpha^2 \left( \frac{e^2}{2a_0} \right) \rightarrow Z^3 g_N \alpha^2 \left( \frac{e^2}{2a_0} \right) \quad (g_p |e| \rightarrow g_N |e|)$$

But, proton had  $I = 1/2$ ; other nuclei have different  $I$ .

$^2H$  (deuteron) has  $I = 1$

$^{12}C$  and  $^{16}O$  have  $I = 0$

$^{14}N$  has  $I = 1$

$^{35}Cl$  has  $I = 3/2$

$^{17}O$  has  $I = 5/2$

Also, many nuclei (including  $^2H$ ) have electric quadrupole moments.

Contributes comparably to nucleus magnetic dipole moment.

$$\Delta E_{Lamb} \sim \frac{\alpha^3}{n^3} \left( \frac{e^2}{2a_0} \right) \rightarrow \frac{\alpha^3}{n^3} \left( \frac{Z^2 e^2}{2a_0} \right)$$

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## Time-dependent perturbation theory

Typical questions:

- \* Shine light on an atom.  $\frac{\text{Probability}}{\text{time}}$  atom is ionized?
- \* Atom in an excited state.  $\frac{\text{Probability}}{\text{time}}$  atom emits photon, falls to a lower state?
- \* Apply voltage to a metal. How much current produced?

$$H(t) = H_0 + V(t)$$

"simple"
"small"

Use the interaction picture:

$$|\psi(t)\rangle_I = e^{iH_0 t/\hbar} |\psi(t)\rangle \leftarrow \text{Schrodinger picture ket}$$

For any observable operator  $A$ ,

$$A_I = e^{iH_0 t/\hbar} A e^{-iH_0 t/\hbar}$$

$$\text{At } t=0, \quad |\psi(t)\rangle_I = |\psi(t)\rangle \quad \text{and} \quad A_I = A.$$

Time evolution:

$$i\hbar \frac{\partial}{\partial t} |\psi(t)\rangle_I = V_I |\psi(t)\rangle_I$$

$$\frac{d}{dt} A_I = \frac{i}{\hbar} [A_I, H_0]$$

(Special case: Heisenberg picture if  $V_I = V = 0$ .)

Solution:  $|\psi(t)\rangle_I = U_I(t, t_0) |\psi(t_0)\rangle_I$ , where:

$$U_I(t, t_0) = \mathcal{T} \left[ \exp \left( -\frac{i}{\hbar} \int_{t_0}^t V_I(t') dt' \right) \right]$$

↑
time-ordered product

$$\begin{aligned}
 &= 1 + \left( \frac{-i}{\hbar} \right) \int_{t_0}^t V_I(t') dt' + \left( \frac{-i}{\hbar} \right)^2 \int_{t_0}^t dt' \int_{t_0}^{t'} dt'' V_I(t') V_I(t'') \\
 &\quad + \left( \frac{-i}{\hbar} \right)^3 \int_{t_0}^t dt' \int_{t_0}^{t'} dt'' \int_{t_0}^{t''} dt''' V_I(t') V_I(t'') V_I(t''') + \dots
 \end{aligned}$$

Hope this converges. Usually use only terms linear or quadratic in  $V_I$ .

Suppose we want transition probability  $|i\rangle \rightarrow |n\rangle$ .

Assume these are eigenstates of  $H_0$  with eigenvalues  $E_i$  and  $E_n$ .

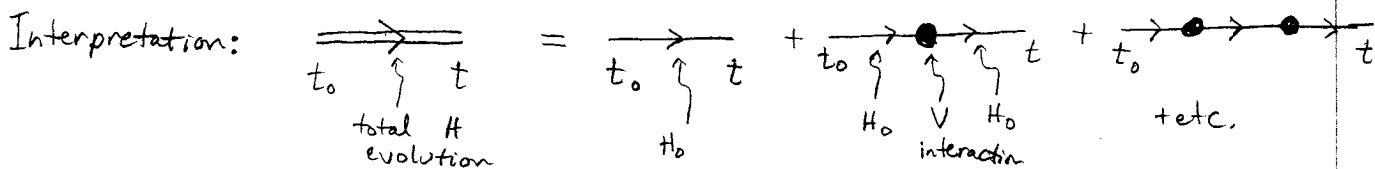
Define  $c_n(t) = \langle n | U_I(t, t_0) | i \rangle = c_n^{(0)}(t) + c_n^{(1)}(t) + c_n^{(2)}(t) + \dots$

Also, let  $\omega_{ni} = \frac{E_n - E_i}{\hbar}$ , and  $V_{nm} = \langle n | V | m \rangle$ .  
 Note no I.

Then  $c_n^{(0)} = \delta_{ni}$

$$c_n^{(1)} = -\frac{i}{\hbar} \int_{t_0}^t e^{i\omega_{ni}t'} V_{ni}(t') dt'$$

$$c_n^{(2)} = \left(\frac{-i}{\hbar}\right)^2 \int_{t_0}^t dt' \int_{t_0}^{t'} dt'' \sum_m e^{i\omega_{nm}t'} V_{nm}(t') e^{i\omega_{mi}t''} V_{mi}(t'')$$

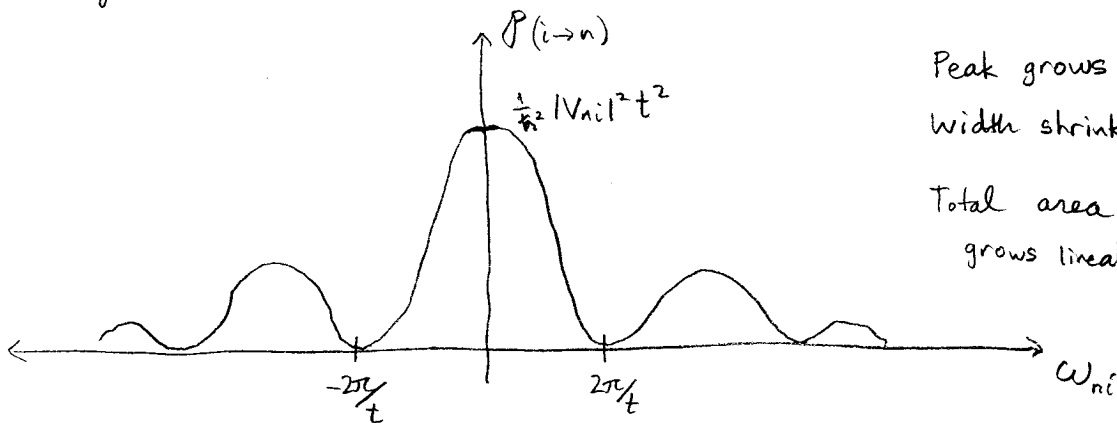


$$P(i \rightarrow n) = |c_n^{(1)}(t) + c_n^{(2)}(t) + \dots|^2$$

Constant perturbation:  $V(t) = \begin{cases} 0 & (t < 0) \\ V & (t > 0) \end{cases}$

$$\text{then } P(i \rightarrow n) \approx |c_n^{(1)}|^2 = \begin{cases} \frac{4|V_{ni}|^2}{\hbar^2 \omega_{ni}^2} \sin^2\left(\frac{\omega_{ni}t}{2}\right) & (\text{for } \omega_{ni} \neq 0) \\ \frac{1}{\hbar^2} |V_{ni}|^2 t^2 & (\text{for } \omega_{ni} = 0) \end{cases}$$

Assuming  $\omega_{ni}$  is continuous. For fixed  $t$ :



Peak grows  $\sim t^2$

width shrinks  $\sim \frac{1}{t}$

Total area  $\sim \frac{2\pi}{\hbar} t$   
grows linearly with time.

Consider a group of final states  $|n\rangle$  such that

\*  $E_n \approx E_i$  for all

\*  $|V_{ni}|^2$  doesn't change violently within the group.

Then  $\sum_n P_{i \rightarrow n}(t) = \Gamma t$ , where

$$\Gamma = W_{i \rightarrow n} = \frac{2\pi}{\hbar} |V_{ni}|^2 \rho(E_n) \Big|_{E_n \approx E_i}$$

↑  
Sakurai's notation

where the number of states between  $E$  and  $E+dE$  is  $\rho(E)dE$ .

Sakurai writes  $|V_{ni}|^2$   $\leftarrow$  reminder that all  $|V_{ni}|^2$  in the group must be nearly same.

or  $W_{i \rightarrow n} = \frac{2\pi}{\hbar} |V_{ni}|^2 \delta(E_n - E_i)$   $\leftarrow$  need to integrate  $\int dE_n$

Either is Fermi's Golden Rule (invented by Dirac).

Restrictions: Need  $t \ll \frac{2\pi\hbar}{\delta E}$  where  $\delta E =$  typical splitting between neighboring  $E_n$ 's, if not continuous.

Otherwise, won't have enough states under the bump.

Need  $\Gamma t < 1$ . (Probability can't be  $\geq 1$ )

Need  $t$  large enough to cover the spread in  $E_n$  that you are looking at:  $t > \frac{2\pi\hbar}{\Delta E_n}$  ( $\Delta E_n = E_{n,\max} - E_{n,\min}$  for group.)

For 2nd-order transitions:

$$W_{i \rightarrow n} = \frac{2\pi}{\hbar} \left| V_{ni} + \sum_m \frac{V_{nm} V_{mi}}{E_i - E_m} \right|^2 \delta(E_n - E_i).$$

Another important case:

$$V(t) = \tilde{V} e^{i\omega t} + \tilde{V}^\dagger e^{-i\omega t} = \text{harmonic perturbation}$$

(includes sines and cosines).

Result is very similar to the constant case:

$$W_{i \rightarrow n} = \frac{2\pi}{\hbar} |\tilde{V}_{ni}|^2 \rho(E_n) \Big|_{E_n \approx E_i - \hbar\omega} \quad \text{if } E_n < E_i$$

$$W_{i \rightarrow n} = \frac{2\pi}{\hbar} |\tilde{V}_{ni}|^2 \rho(E_n) \Big|_{E_n \approx E_i + \hbar\omega} \quad \text{if } E_n > E_i$$

So 
$$W_{i \rightarrow n} = \frac{2\pi}{\hbar} |\tilde{V}_{ni}|^2 \left[ \delta(E_n - E_i + \hbar\omega) + \delta(E_n - E_i - \hbar\omega) \right].$$

(Note  $|\tilde{V}_{ni}|^2 = |\tilde{V}_{ni}^\dagger|^2$ )

↑  
stimulated  
emission  
of energy  
 $\hbar\omega$   
from  $\tilde{V}$ .

↑  
absorbs energy  $\hbar\omega$   
from  $\tilde{V}$

As before, should include only states with similar  $|\tilde{V}_{ni}|^2$ .

Application Interaction with classical EM waves

In general 
$$H = \frac{(\vec{p} - \frac{e}{c} \vec{A})^2}{2m} + eV(\vec{R})$$
 for an electron

in the presence of a classical  $\vec{E}, \vec{B}$  field described by potentials  $\vec{A}, V$  with

$$\vec{B} = \nabla \times \vec{A} \quad \vec{E} = -\nabla V - \frac{1}{c} \frac{\partial \vec{A}}{\partial t}$$

Use Coulomb gauge to describe EM waves.

This means: 
$$\nabla \cdot \vec{A} = 0$$
  
$$V(\vec{R}) = 0.$$

$\omega =$  angular frequency

So 
$$\vec{A} = 2A_0 \hat{n} \cos\left(\frac{\omega}{c} \hat{k} \cdot \vec{R} - \omega t\right)$$

↑  
polarization  
vector

(book calls it  $\hat{\epsilon}$ )

↑  
wavevector (book calls it  $\hat{n}$ ).

$$\begin{aligned} \hat{n} \cdot \hat{k} &= 0 \\ \hat{n} \cdot \hat{n} &= 1 \\ \hat{k} \cdot \hat{k} &= 1 \end{aligned}$$

Then 
$$H = \frac{p^2}{2m_e} - \frac{e}{m_e c} \vec{A} \cdot \vec{p} + V_{other} \quad (\text{neglect } A^2 \text{ as small}).$$

A note on units: Sakurai (like most QM books) uses gaussian units, some other books use MKS = SI units (Griffiths, for example).

Key EM formulas in gaussian units:

$$\begin{aligned} \vec{\nabla} \cdot \vec{E} &= 4\pi\rho && (\text{SI: } \rho/\epsilon_0) \\ \vec{\nabla} \times \vec{E} &= -\frac{1}{c} \frac{\partial \vec{B}}{\partial t} && (\text{SI: } -\partial \vec{B} / \partial t) \\ \vec{\nabla} \cdot \vec{B} &= 0 && (\text{SI: } 0) \\ \vec{\nabla} \times \vec{B} &= \frac{4\pi}{c} \vec{J} + \frac{1}{c} \frac{\partial \vec{E}}{\partial t} && (\text{SI: } \mu_0 \vec{J} + \frac{1}{c^2} \frac{\partial \vec{E}}{\partial t}). \\ U_{EM} &= \frac{1}{8\pi} (E^2 + B^2) && (\text{SI: } \frac{\epsilon_0}{2} E^2 + \frac{B^2}{2\mu_0}) \quad \left( \frac{\text{energy}}{\text{volume}} \right) \end{aligned}$$

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Take  $H_0 = \frac{p^2}{2m_e} + V_{\text{other}}$  binding potential of atom, etc. not from EM wave

$$V(t) = -\frac{e}{m_e c} A_0 \hat{n} \cdot \vec{P} \left[ e^{i(\frac{\omega}{c} \hat{k} \cdot \vec{R})} e^{-i\omega t} + e^{-i(\frac{\omega}{c} \hat{k} \cdot \vec{R})} e^{i\omega t} \right]$$

$$H = H_0 + V(t).$$

This is a harmonic perturbation.

"Stimulated emission" and "absorption" refer to particle emitting or absorbing EM waves with frequency  $\omega$ .

What is the energy flux of these waves?

$$\vec{A} = \text{Re} \left[ 2A_0 \hat{n} e^{i(\frac{\omega}{c} \hat{k} \cdot \vec{R} - \omega t)} \right]$$

So

$$\vec{B} = \vec{\nabla} \times \vec{A} = \text{Re} \left[ 2A_0 i \frac{\omega}{c} (\hat{k} \times \hat{n}) e^{i(\frac{\omega}{c} \hat{k} \cdot \vec{R} - \omega t)} \right]$$

$$\vec{E} = -\frac{1}{c} \frac{\partial \vec{A}}{\partial t} = \text{Re} \left[ 2A_0 i \omega \hat{n} e^{i(\frac{\omega}{c} \hat{k} \cdot \vec{R} - \omega t)} \right]$$

$$\text{Then } \langle B^2 \rangle = \langle E^2 \rangle = 4A_0^2 \frac{\omega^2}{c^2} \langle \sin^2(\dots) \rangle = 2A_0^2 \frac{\omega^2}{c^2}$$

$\langle \rangle$  means time-average here!

So, the time-averaged energy density is

$$\langle U_{EM} \rangle = \frac{1}{8\pi} (4 A_0^2 \frac{\omega^2}{c^2}) = \frac{A_0^2 \omega^2}{2\pi c^2}$$

Then energy flux,  $\left(\frac{\text{energy}}{\text{time}}\right) / (\text{area})$ , is therefore

$$c U_{EM} = \frac{A_0^2 \omega^2}{2\pi c}$$

Now, back to the absorption rates:

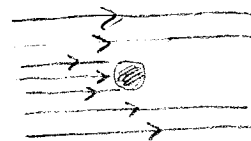
$$W_{i \rightarrow n} = \frac{2\pi}{\hbar} \frac{e^2}{m_e^2 c^2} A_0^2 |\langle n | e^{i(\frac{\omega}{c} \hat{k} \cdot \vec{R})} \hat{n} \cdot \vec{P} | i \rangle|^2 \delta(E_n - E_i - \hbar\omega)$$

Note: this is proportional to  $A_0^2$ , or the energy flux.

Define the absorption cross-section:

$$\sigma_{abs} \equiv \frac{\left[ \frac{\text{energy}}{\text{time}} \text{ absorbed by atom } (i \rightarrow n) \right]}{\left[ \text{energy flux} = \frac{\text{energy}}{\text{time} \cdot \text{area}} \text{ of light} \right]}$$

has units of area



$$= \frac{\left( \text{energy absorbed in each } i \rightarrow n \text{ process} \right) \left( \text{rate for } i \rightarrow n \right)}{c U_{EM}}$$

$$= \frac{(\hbar\omega) \left[ \frac{2\pi}{\hbar} \left( \frac{e^2}{m_e^2 c^2} \right) A_0^2 |\langle n | e^{i(\frac{\omega}{c} \hat{k} \cdot \vec{R})} \hat{n} \cdot \vec{P} | i \rangle|^2 \delta(E_n - E_i - \hbar\omega) \right]}{\left( \frac{A_0^2 \omega^2}{2\pi c} \right)}$$

$$\sigma_{abs} = \frac{4\pi^2 \hbar}{m_e^2 \omega} \propto |\langle n | e^{i(\frac{\omega}{c} \hat{k} \cdot \vec{R})} \hat{n} \cdot \vec{P} | i \rangle|^2 \delta(E_n - E_i - \hbar\omega)$$

This should be integrated over continuous states  $|n\rangle$  (ionization) or discrete states  $|n\rangle$  (excitation) with  $E_n \approx E_i + \hbar\omega$

$\hbar\omega$  energy of absorbed photon.

Discrete states  $|n\rangle$  may be closely spaced, or slightly broadened due to finite lifetime.

$$\delta(E_n - E_i - \hbar\omega) \rightarrow \frac{\hbar\gamma}{2\pi} \frac{1}{[(E_n - E_i)^2 + \hbar^2 \gamma^2 / 4]}$$

$\gamma = 1/\text{lifetime of excited state}$ .

## Electric Dipole Approximation

Assume wavelength of light  $\lambda \gg$  size of atom  $R_{\text{atom}} \approx \frac{a_0}{Z_{\text{eff}}}$ .

For a light atom (or a K-shell electron) with  $Z_{\text{eff}} \approx Z$ ,

$$\hbar\omega \sim \Delta E_{\text{atom}} \sim \frac{Z^2 e^2}{a_0} \sim \frac{Z e^2}{R_{\text{atom}}}$$

$\uparrow$  photon energy       $\uparrow$  atomic energy levels

$$\text{So } \lambda \equiv \frac{c}{\omega} = \frac{c}{\omega} \sim \frac{c \hbar R_{\text{atom}}}{Z e^2} \sim \frac{R_{\text{atom}}}{Z \alpha} \sim \left(\frac{137}{Z}\right) R_{\text{atom}}$$

Therefore,  $\frac{\lambda}{R_{\text{atom}}} \sim \left(\frac{137}{Z}\right) \gg 1$  if  $Z$  is small. ✓

$$\text{Now } e^{i(\frac{\omega}{c} \hat{k} \cdot \vec{R})} = 1 + i \frac{\vec{R} \cdot \hat{k}}{\lambda} + \left(i \frac{\vec{R} \cdot \hat{k}}{\lambda}\right)^2 + \dots$$

Since  $\langle \vec{R} \rangle \sim R_{\text{atom}}$ , each term is  $\ll 1$ .

$$\text{So: } \langle n | e^{i(\frac{\omega}{c} \hat{k} \cdot \vec{R})} \hat{n} \cdot \vec{P} | i \rangle \approx \hat{n} \cdot \langle n | \vec{P} | i \rangle$$

Suppose  $\hat{k} = \hat{z}$ ,  $\hat{n} = \hat{x}$  = polarization direction.

$$\text{Then } \langle \rangle = \langle n | P_x | i \rangle$$

$$\text{Trick: } P_x = \frac{m}{i\hbar} [X, H_0] \quad (\text{since } H_0 = \frac{P^2}{2m} + V(\vec{R}) \text{ and } [X, P_x] = i\hbar)$$

$$\text{So } \langle n | P_x | i \rangle = \frac{m}{i\hbar} \langle n | [X, H_0] | i \rangle = i m \omega_{ni} \langle n | X | i \rangle$$

$\uparrow$  dipole operator

$$\text{So } \sigma_{\text{abs}} = 4\pi^2 \alpha \omega_{ni} |\langle n | X | i \rangle|^2 \delta(\omega - \omega_{ni})$$

More generally, replace  $x$  by coordinate along polarization of light.

$$\text{Have used } \delta(E_n - E_i - \hbar\omega) = \frac{1}{\hbar} \delta(\omega - \omega_{ni}).$$

Selection rule: Dipole absorption requires  $|n\rangle$  and  $|i\rangle$  to satisfy  $\langle n | \vec{R} | i \rangle \neq 0$ . (We'll return to this later...)

Consider excitation of the ground state  $|i\rangle$ .

Compute the quantity:

$$\int_0^\infty \sigma_{\text{abs}}(\omega) d\omega = \sum_n 4\pi^2 \alpha \omega_{ni} |\langle n|x|i\rangle|^2 \quad (\delta\text{-fn picks out contributions})$$

↑  
all excited states

Define  $f_{ni} = \frac{2m\omega_{ni}}{\hbar} |\langle n|x|i\rangle|^2 = \text{oscillator strength}$ .

PHYS 660, HW set 5, problem #2 (Sakurai #5 on page 144) says:

$$\sum_n f_{ni} = 1 \quad (\text{Thomas-Reiche-Kuhn sum rule}).$$

$$\begin{aligned} \text{So } \int_0^\infty \sigma_{\text{abs}}(\omega) d\omega &= \sum_n 4\pi^2 \alpha \left(\frac{\hbar}{2m}\right) f_{ni} = \frac{2\pi^2 \alpha \hbar}{m} = \frac{2\pi^2}{m} \left(\frac{e^2}{\hbar c}\right) \hbar \\ &= \frac{2\pi^2 e^2}{m_e c} \end{aligned}$$

This reproduces a classical sum rule (no  $\hbar$ ).

Can also be derived with a classical treatment.

### Stimulated Emission of Light

Now consider the case  $E_i = E_n + \hbar\omega$ .

So the state  $|i\rangle$  goes to a lower state  $|n\rangle$ , emitting a photon with energy  $\hbar\omega$ .

As we saw, the formula for the rate is the same, but with  $\delta(E_n - E_i + \hbar\omega)$  instead of  $\delta(E_n - E_i - \hbar\omega)$ :

$$W_{i \rightarrow n} = \frac{2\pi}{\hbar} \frac{e^2}{m^2 c^2} A_0^2 |\langle n|e^{i(\frac{\omega}{c}\hat{k}\cdot\vec{R})} \hat{n}\cdot\vec{p}|i\rangle|^2 \delta(E_n - E_i + \hbar\omega)$$

Note this emission rate is proportional to the intensity of radiation already present ( $A_0^2$ ).

Also, note  $\overset{\text{absorption}}{W_{i \rightarrow n}} = \overset{\text{emission}}{W_{n \rightarrow i}}$ .  
 ↑  
 rates per unit energy,  $E_n$  and  $E_i$ , respectively.